KARATE AT THE AIRCRAFT CLUB Registration Open for Next Session Starting **April 4**th

Affordable instruction in Okinawan Isshinryu Karate

Experience the benefits of training in a martial art:

- Learn self defense
- Build confidence
- Challenge your mind & body
- Sustain health
- Earn belt ranks
- Relieve stress!

When:	Thursdays 6:00pm - 7:30pm
Where:	The Pratt & Whitney Aircraft Club 200 Clement Road East Hartford, CT 860-565-6236 (+press 3)

Who can join?

Anyone ages 12 & up.

No experience necessary and you do not need to be a P&W employee to join.

How much does it cost?

Cost for **20** class session is \$80 for Aircraft Club members and \$100 for non-members.

How do I sign up?

Register at the Aircraft Club office on 200 Clement Road, East Hartford, or call office at 860-565-6236 (press 3) prior to the start date

What if I have questions?

Feel free to call or text Dave at 860-218-0632 or email: <u>david.hierl@prattwhitney.com</u>





